Mostra desNORTE 2014 _ Mosteiro S.Bento da Vitória , Porto

isiting Artists leaded by Joclécio Azevedo week long dance criticismo workshop.	Place Sala de Ensaios (rehearsal room) / 10am – 1:30pm
ensaio para um novo corpo natural / assay for a new natural body (perspective) - Video-instalation by Isabel Costa	Place Foyer/ 2:30pm – 9pm
MESA (vídeo-concept about project) by Ana Renata Polónia	Place Foyer / 2:30pm — 9pm
Afternoon workshops – free pm-4pm – Voz e Ressonância/ voice and resonance – leaded by Catarina Miranda pm-6pm - Corpo seus limites ou falsos limites / Limits of the bodies or fake limits –	Place Sala de Ensaios (rehearsal room) Registration: mostra.desnorte@gmail.com
F	ensaio para um novo corpo natural / assay for a new natural body (perspective) - Video-instalation by Isabel Costa MESA (vídeo-concept about project) by Ana Renata Polónia MESA (vídeo-concept about project) by Ana Renata Polónia Afternoon workshops – free pm-4pm – Voz e Ressonância/ voice and resonance – leaded by Catarina Miranda

START: 9:30pm

COURTROOM



A solo a solo a dois (A solo a solo by two) by Paulo Bastos

17th June (tuesday)

O Caminho é Infinito (The way is infinite) by Bibiana Figueiredo

Length | 15min

Creation | Ewelina Wojciechowska

Costume Design | Ewelina Wojciechowska

In diffuse plastic, the resonance of a walking body.

Performed by | Ewelina Wojciechowska, Penelope Adams.

Music | Aretha Franklin - Natural Woman, Hungry Ghosts - Africa

Creation and performance | Bibiana Figueiredo Music | Tiago Rodrigues. Light and Costume Design | Bibiana Figueiredo. Support | Bacantoh Cultural Association Length | 10min

BREAK : 10'

CLOISTER



Vislumbre (A Glimpse) by Mariana Amorim This performance was premiered in 2013 at Teatro do Campo Alegre , Porto , under the project Palcos Instáveis, produced by Companhia Instável.

When walking on the streets we pass through hundreds of different people, buildings and places. We dwell the city in a very personal way. Any place where we pass has a world full of kept in transition stories, that are changed by the pace of our steps. Vislumbre is a performance where some of these stories are summarized, like António', Emilia', Manuela' and Isabel' personal stories...people that crossed my undirected walks. It is also the first part of a two parts work: vislumbre - marasmo - uma estranha urgência por sardinhas (a glimpse - marasmus a strange urgency for sardines), which will premiere in June 2014.



This work is about the meeting of two bodies, two humans, two who do not know each other, two who want to dance the dance of life together, as two great friends who love dancing too.

COURTROOM

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Creation and interpretation | Mariana Amorim Musical composition and interpretation | Domingos Alves Lighting Design | Ricardo Alves Video documentation and editing | Paula Preto Production | Companhia Instável / Palcos Instáveis; Esquiva Companhia de Dança Length | 20min

BREAK : 10'

CLOISTER



This performance was premiered in 2013 at Teatro do Campo Alegre, Porto, under the projec Palcos Instáveis, supported by Companhia Instável.

A bed of roses ...

by Daniela Cruz

If we were to define our future day by day, many would answer: " A bed of roses! "

A bed of roses is what is intended. A rose would then not be bad, but we always intend more. We would do anything for a bed of roses ... A sea of roses from our day to day .

' Sea ' is associated with serenity. It falls asleep in this shuttle. 'Rose' is beauty, strong aroma ...

A beautiful pleasantly scented sleep ... until you wake up, in a bed of thorns, sick from a "sea of roses "

Creation and interpretation | Daniela Cruz Original Music | Rodrigo Santos Text | Nuno Preto Support for scenography (house design) | Ricardo Alves Lighting design | Ricardo Alves Duration | 23 minutes Thanks to Cristina P. Leitão and Nuno Preto for coaching ; to Inês Moitas by the support with the costumes and to Companhia Instável, for the residency.

Support | This piece was developed with the support to the creation/residency by Lugar Instável, Porto (PT)



Mesa (Table) by Ana Renata

Flat element that sustains in its horizontality all objects and actions that define a meal, MESA (Portuguese term that defines table) is omnipresent since its manufacture to its share, having gradually ritualized this animal act in a social moment. It is by itself a space, which was transformed at the mercy of the bodies that act on it, allowing the focus from different perspectives. What defines it? Which movements allow? Which interactions come from being there? This is a subversive analysis of the everyday space that carries on it the evolution of a society.

START: 9:30pm

Concept and Direction | Ana Renata Polónia Co-creation and Performance | Ana Renata Polónia and Teresa Santos Creative Support, Sound and Light design | Dídac Gilabert Duration | 20 minutes

BREAK : 10'

CLOISTER

COURTROOM



Inacabado (Unfinished) By Joclécio Azevedo

In this project the movement emerges as something that neither begins nor ends in the body, as something that lives in a constant state of propagation and reconfiguration of their impulses. In the absence of a definitive silence the body thus becomes a territory of diverse occupations, invested, amplified, disassembled, holder of sounds and vibrations. In this solo piece I am interested in amplifying the possibility of causing the echo, extracting, through the body, speech and sound and image hand in hand. As a starting point I began to use fragments of images and sounds collected at random or previously used in other works, creating a parallel dialogue with my career as a choreographer. The citation and self-citation (and selfexcitation, therefore) are the tools of a process of collecting materials that reappear before disappearing, setting new directions, leaving traces or evidencing repeated motifs.

The process of giving space to the unfinished is used as an attempt to outline the refusal of setting the body in motion, showing the difficulty of its objectification, creating resistance to its quantification. It is perhaps this dissolution previously



Polónia

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announced the ultimate goal of every action performed, its primary function.

The dissolution of each gesture in its own execution does not preclude, however, that there may be resonances, and everything that goes beyond the moment of action, generating effects, new openings to the reconfiguration of the sense, for what is being made present in the performance, looking for the possibility of expand each new gesture. This same type of principle is also applied to texts and sounds that accompany the action on stage, texts and sound recordings that were rewritten, reassembled from traces of materials and ideas never finalized in previous works.

Choreography and interpretation | Joclécio Azevedo Collaboration | Jordann Santos Support | Work created under the Resident Artist draft Circular Cultural Association Duration | 35min. Premiere: May 2013/Vila do Conde

BREAK : 10'



by Diana Carneiro

Desencarne

& João Dias

She contemplates me, victorious and unshakable. Stumbling over each of my bones, I try not to tremble and fade away before the anoxia and flaring pitch that enclose darkly on me. I hover before her. She floats, untouchable. I weakly mold myself in my tragedy. Ended. I dance for her. Direction & choreography: Diana Carneiro e João Dias Performers: Ana Carvalho, Bárbara Fonseca, Claúdia Machado, Cláudia Sofia Oliveira, João Rosa, Márcia Silva, Maria Fedchenko, Pedro Azevedo, Raquel Pereira, Sofia Oliveira, Viviana Alves (dancers from the All About Dance Academy's contemporary project) Sound and light design: Diana Carneiro e João Dias Styling: Diana Carneiro, João Dias and performers

Duration: 20 minutos (extract)

I dance for her.

Supports: Pensamento Avulso, Academia All About Dance



Direction assistance, sound and light design | Dídac Gilabert Production | Companhia Ao Vento / Ventos e Tempestades - Associação Cultural Duration | 30min.

BREAK : 10'

CLOISTER

CLOISTER



REIPOSTO REIMOR **TO** | (laidkingdeadkin g)

by Catarina Miranda

"Satan was the most perfect of the archangels. His sin was pride. He could not wait for the fullness of grace and fell before time, like a sour fruit that falls from the tree that sustains." - in Inferno, Dante www.catarinaamiranda.com

Scenic construction where an out breaking pulse for defying gravity, trespasses the space, a landscape. The idea of "primal crime", fratricidium, is transversal to the development of the piece, along a state of perpetration and endless humiliation of the performers. Two types of characters are set in conjunction: the Fool, an hybrid combination of different facets of Lucifer; the Chorus, broadcaster of events and a complex agent, acting as a single unit on stage, as conscience. Time, organized through reiteration follows along a continuous state of rise and fall presenting empty spaces overflowing with windy, burned smoke and visceral voices form the present.

Concept and Artistic Direction | Catarina Miranda; Co-creation |Performance | Ana Renata Polónia, Antje Schmidt, Cristina Planas Leitão, Nuno Marques Pinto; Sound Composition | Jonathan Uliel Saldanha; Light Design | Catarina Miranda; Support | Companhia Instável (Artistic Residency), Teatro Nacional São João (Artistic Residency), Desnorte Platform, Flocks&Shoals Collective, Dock11, Fábrica de Movimentos



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BREAK : 10'



Bestiaire by João Costa CLOISTER

Bestiaire is a piece for 21 human bodies and 21 non human bodies.

- Bestiaire is a piece that try to answer 3 questions: 1- Where are we as specie in the the evolutive process?
- 1- Where are we as specie in the the evolutive process?
- 2- Which kind of relations we establish between our specie and interspecies ?
- 3- How human specie is inscribed in their habitat, nature, planet Earth and Cosmos?

All these bodies will try to give their point of you even the non humans.

Artistic direction: Joao Costa Espinho

Interpretation: Verá Martins, Francisco Tavares Teles, António MV, Isabel Ariel, Ana Sofia Albuquerque, Filipe Moreira, Joana de Verona, Mariana Tengner Barros, Annabelle Simon, Chap Rodriguez Rosell, Caroline Gleyze, Carole Macel, Claudia de Serpa Soares, Benoit Lachambre, Deidré Denise Matthée, Matthieu Botrel, Micaela Maia, Teresa Queirós, Tânia Dinis, Adham Hafez, David Almeida, Cristóvão Campos, Aina Alegre, Hadrien Touret, Rui Major, Hervé Huther, Susana Neves, Antônio Onio, Bruno Senune, Joana Castro, Paulo Bastos e Rita Alves Light design: Francisco Tavares Teles

Costumes and props: António MV Set design: Sofia Assalino e Luis Pedro Cavalheiro Photography: Hervé Huther Duration: 30min

Year of creation: 2012



Um triste ensaio sobre a beleza (A sad essay on beauty)

by Mara Andrade

Every time I feel something sad, there is a special joy and really warm and good feeling inside me. Where? I don't know. It's never possible to me to really feel sadness by itself. If it is a kind of depression, it's beautiful.

In this essay I am inside something so sad or even tragic that an incredible proportion of beauty arises.

When I understand the inevitable cry I want to be in this moment forever and I wish to continue watching it.

In this melancholic dance of verbal silence, a sadly embellished body moves. Everything started when someone said to me "You look sad."

Direction, Choreography, Performance, set design and Costumes: Mara Andrade Assistant: Marco da Silva Ferreira Photography: Marco da Silva Ferreira Light Design: Marco da Silva Ferreira e Mara Andrade Production: Pensamento Avulso, Associação de Artes Performativas Collaboration: Companhia Instável

START: 9.30pm



Sinto...Mulher (I Feel... Woman)

by Ewelina Wojciechowska (POL/PT) SALA DO TRUBUNAL

Smile, makeup, dress, subtlety, way of moving, motherhood, pregnancy, nails, sensuality, joy, calm, boobs, hip, drama, back, neck, high heels ... feel ... feel ... this is woman.

Creation | Ewelina Wojciechowska Performed by | Ewelina Wojciechowska, Penelope Adams. Costume Design | Ewelina Wojciechowska Music | Aretha Franklin - Natural Woman, Hungry Ghosts – Africa Length | 15min~

BREAK : 10'

CLOISTER

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CLOISTER

Verse\$

by Flávio Rodrigues

Full

text: http://www.flaviorodrigues.info/2014/01/verse.html

Length | 25min.

The soundtrack of VERSE\$, concludes as a reflection of a series of themes that have been recurrent in my projects, particularly those containing samples and sound captations, explored during the course of the process of creation and experimentation of performance, such as Inverno (2011), CATÁLOGO (2008/ 2012), RARA (2013), or NIL-CITY (2013).

After finishing the musical piece, my first impulse was to offer it an autonomous place, by making it available for free online. At the same time, a will to experiment it in studio appears, giving it physicality, a body.

VERSE\$ is, in short, a dance show. A solo. My role is to create a parallel between the sound composition and the choreographic composition.



bear me by Cristina Planas Leitão~

Concept & performance | Cristina Planas Leitão Coaching e dramaturgical advice | Mala Kline (BE/SI) within the frame of the research project Conquering the studio: a time for research and Vania Rovisco within the residency program of Companhia Instável Outside eyes and collaboration in the research | Catarina Miranda, Joana von Mayer Trindade, Marco da Silva Ferreira & Mara Andrade Length | approx. 1h

Support | This piece is developed with the support to the creation/residency by Lugar Instável, Porto (PT) within the frame of Associated Artist of Companhia Instável and in collaboration with BCN - ballet contemporâneo do norte in the frame of Research Project 2014 -Conquering the studio: a time for research with Mala Kline (SI/ BE).

NQR/299792458 m/s

Daniela Goncalves

CLOISTER

It's so lonely out here. So-lo-ne-ly. So alone for so long. It's so lovely to be here. It's a so-lo.

This thing between me and you... and you... and you... It's complicated... Can you bear the distance between us? Can you bear if I leave you? Can you bear this silence?

Can you bear it again?

Can you bear me? 1 + 1 = 1

The ultimate formula of love.

bear me is a solo unfolded in two that explores the concept of relation(ship). The relation between Me & You, between Performer & Audience, between Man & Society, as well as between the first and second parts of the piece and in what way all can correspond to the formula of love: 1+1=1, where two parts create a whole that influences each other and vice-versa. The piece establishes a parallel between intimate and interpersonal relations in an ambiguous way, potentiating diverse unfoldings and double meanings. It is a vulnerable and exposed metaphor, created by the juxtaposition of different layers, which create a distorted and incomplete body.

BREAK : 10'

CLOISTER

By André Mendes, Emanuel Sousa, "Satan was the most perfect of the archangels. His sin was pride. He could not wait for the fullness of grace and fell before time, like a sour fruit that falls from the tree that sustains." - in Inferno, Dante

www.catarinaamiranda.com

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See this information online: http://fabricademovimentos.wix.com/fabricademovimentos#!preview-mapp2014-desnorte/c16fc

General information:

	Mostra desNORTE Preview MAP/P 2014 17 th -20 th June - Mosteiro São Bento da Vitória, Porto
222 074 940 http://www.tnsj.pt/home/msbv/	Organization desNORTE Collaboration Fábrica de Movimentos; Teatro Nacional São João;
 	Produtora de Risco